



GENERATION ZERO

Reclaiming My Parents' American Dream

SABREET KANG RAJEEV



Hi, I'm Sabreet (she/her)

I am a researcher and the author of the #1 Best Seller - *Generation Zero: Reclaiming My Parents' American Dream*.

MY MISSION

To raise awareness and empathy for blue-collar South Asian immigrant families that do not historically come from educational or economic privilege.

WHY

Representation matters.

The dominant South Asian immigration narrative uploads and supports the Model Minority Myth. This myth silences the experiences of thousands and leaves our community divided. I want to empower immigrant families to be brave and speak out about the experiences that are silenced in our community.

Generation Zero Reading Guide

I created this reading guide for one reason: to help you pause and reflect as an immigrant or as a child of immigrants.

This guide is broken down into eight parts:

Part I: Adventuring to America

Part II: Finding Liberty

Part III: Forging the Dream

Part IV: Searching for Self and Community

Part V: A Family Divided

Part VI: Becoming ~~an Indian American~~ Girl

Part VII: Earning the Dream

Part VIII: United by Love

Each part will begin with a suggested reading timeline and prompts at the end for reflection.

HAPPY READING!



Reading Guide
READING
TIMELINE

PART I:
ADVENTURING
TO
AMERICA

**Speed
Reader
3 days**

**Average
Reader
1 week**

**Thoughtful
Reader
2 weeks**

PART I:
ADVENTURING
TO
AMERICA

What's your initial reaction so far?



What's your family's immigration story?



Any lingering questions from this part you're still thinking about?

Reading Guide
READING
TIMELINE

PART II:
FINDING
LIBERTY

**Speed
Reader
2 days**

**Average
Reader
6 days**

**Thoughtful
Reader
1.5 weeks**





PART II:
FINDING
LIBERTY

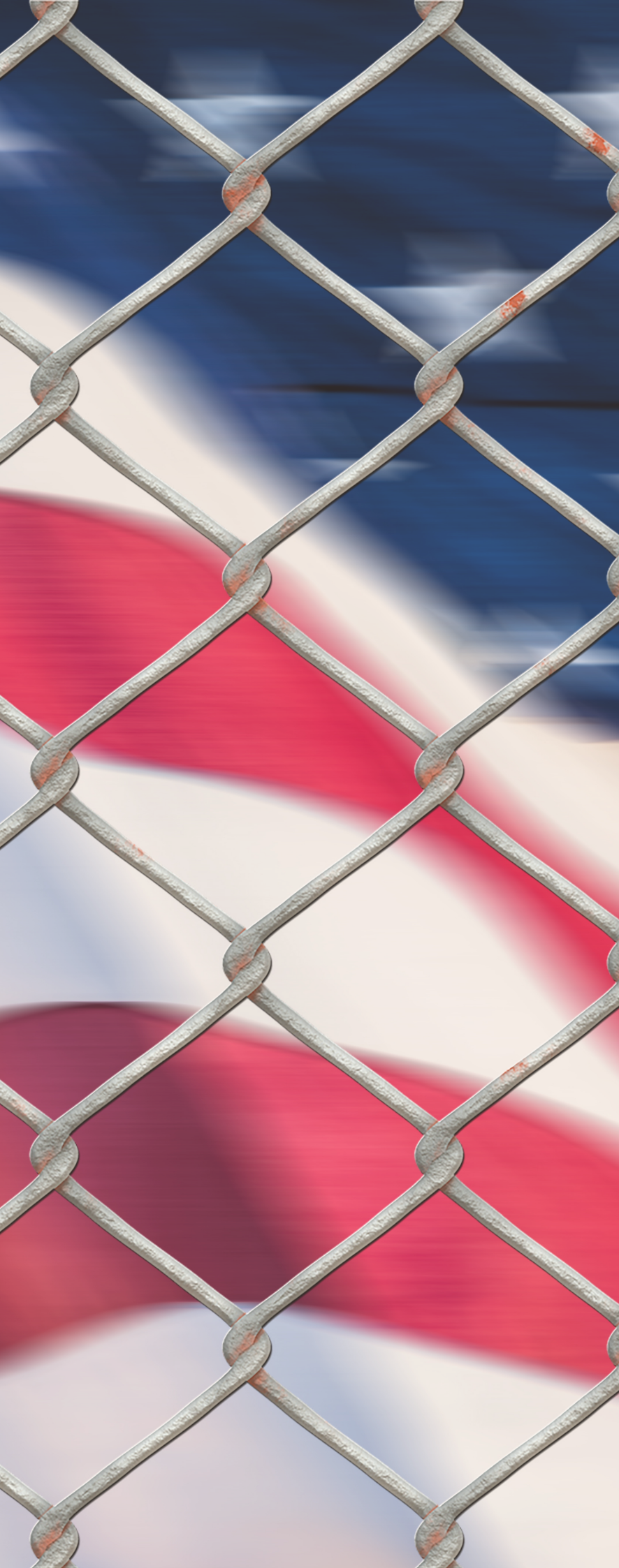
What's your favorite chapter so far?



Thinking back to your immigration story, what feelings surfaced as you read this part?



Which scene stuck with you the most?



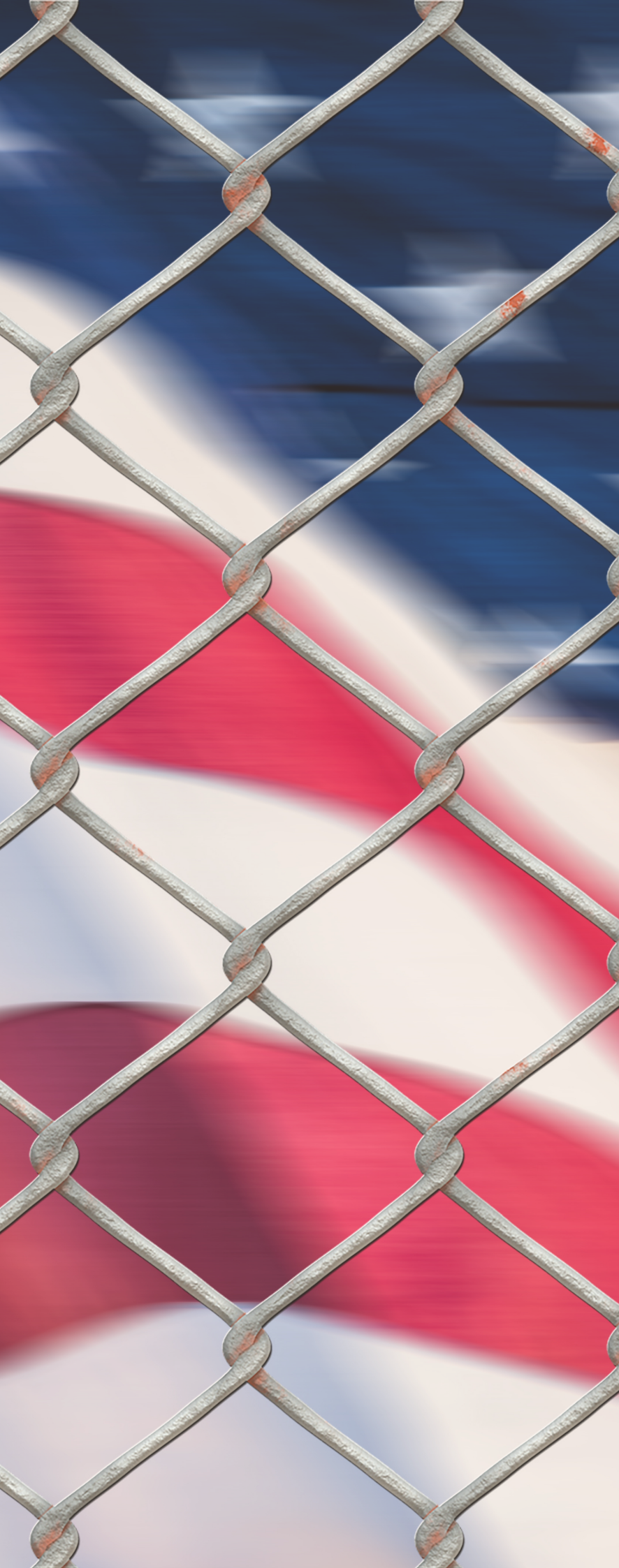
Reading Guide
READING
TIMELINE

PART III:
FORGING
THE
DREAM

**Speed
Reader
3 days**

**Average
Reader
1 week**

**Thoughtful
Reader
2 weeks**



Reading Guide
PROMPT

PART III:
FORGING
THE
DREAM

**What's your biggest
takeaway so far?**



**How did this part make
you feel?**



**Are there any quotes or
passages you found
particularly compelling?**

PART IV:
SEARCHING FOR
SELF AND
COMMUNITY

**Speed
Reader
4 days**

**Average
Reader
1 week**

**Thoughtful
Reader
2 weeks**



PART IV:
SEARCHING FOR
SELF AND
COMMUNITY



Which chapters stood out to you the most?



Are there any stories in this section that mirror your own experiences?



Are there areas in this section you wished the author elaborated upon further?



Reading Guide
READING
TIMELINE

PART V:
A FAMILY
DIVIDED

**Speed
Reader
5 days**

**Average
Reader
1 week**

**Thoughtful
Reader
2 weeks**

PART V:
A FAMILY
DIVIDED

Were there any parts of this section that changed your perspective?



What chapter made you pause?



Did you Google anything while reading this part?

Tom



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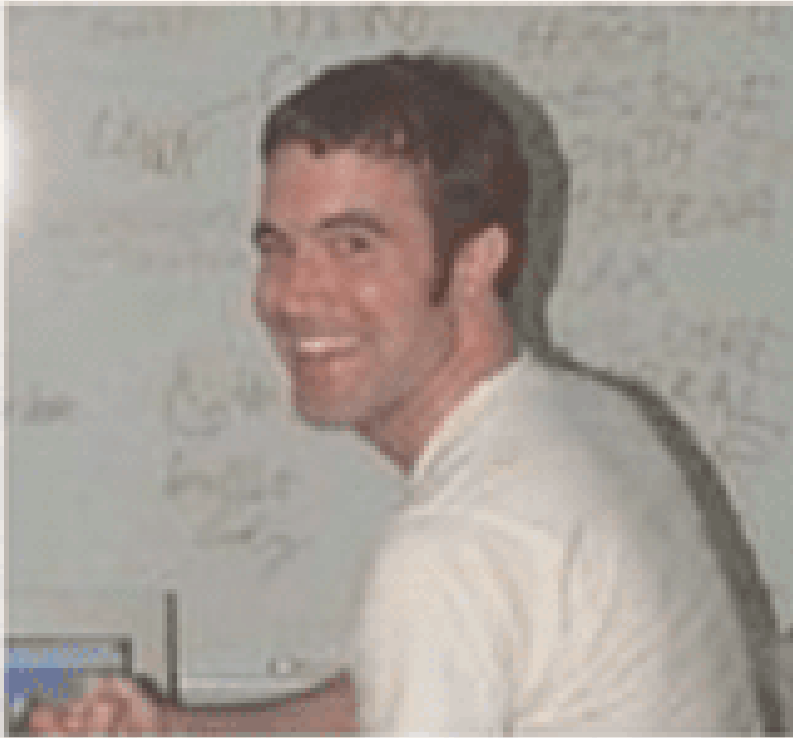
PART VI:
BECOMING AN
INDIAN AMERICAN
GIRL

Speed
Reader
4 days

Average
Reader
1 week

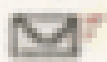
Thoughtful
Reader
2 weeks

Tom



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Reading Guide
PROMPT

PART VI:
BECOMING AN
INDIAN AMERICAN
GIRL

If you could ask the author anything, what would it be?



How is this memoir making you reflect on your own life?



What chapters were incredibly unique, out of place, or disturbing?



Reading Guide
READING
TIMELINE

PART VII:
EARNING
THE
DREAM

**Speed
Reader
3 days**

**Average
Reader
1 week**

**Thoughtful
Reader
2 weeks**

PART VII:
EARNING
THE
DREAM

Is your opinion of the book changing as you read it?

Are there any chapters in this section that opened up old wounds?

What themes are you detecting in this part?



Reading Guide
READING
TIMELINE

PART VIII:
UNITED
BY
LOVE

**Speed
Reader
2 days**

**Average
Reader
5 days**

**Thoughtful
Reader
1 week**

PART VIII:
UNITED
BY
LOVE

**What did you think
about the ending?**



**How did this book
change you?**



**How does this book
compare to other books
in the same genre?**



Thank you.

I am honored you chose to read *Generation Zero: Reclaiming My Parents' American Dream*.

I deeply appreciate your time and commitment to learning about the blue-collar South Asian immigrant experience.

I want to hear from you.

I want to hear your Generation Zero stories.

Please reach out if you want to connect or if you simply want to talk.

You can find me at sabreetkangrajeev.com or email me at sabreetkangrajeev@gmail.com.

With love,